



Welcome! Introduce Yourself in the Chat!



SUPERINTENDENT RESEARCH BRIEFING

# District-Level Strategies for Improving Teacher Morale

Presented by the District Leadership Forum



Events for District Leaders

## Superintendent Research Briefings

We summarize the latest research on K-12's biggest challenges to help district leaders get smart and make progress.



EAB's research and information are some of the best I've seen...simple, concise, easy to understand.

Superintendent, Missouri School District





## The District Leadership Forum

A Comprehensive Partnership Designed to Help District Leaders Accelerate Progress on Critical Challenges



- Annual Forum research agenda
- Custom reports on district-specific issues
- Online library with research briefs and insight papers

- Executive roundtables for superintendents
- Best practice presentations and workshops for your team
- Executive skills trainings for principals

- Personalized implementation pathways
- Implementation planning cohorts, toolkits, and resources
- Unlimited access to strategic advising from EAB experts

## Working Together To Tackle Today's Most Pressing Challenges

#### Where Partners Have Directed Our Research So Far...

Select examples



Raising Early Literacy Scores



Reducing Disruptive Behavior



Raising Teacher Morale



Minimizing Chronic Absenteeism



Preventing Mental Health Crises



Developing Effective Principals



Closing College Access Gaps



Integrating Career Development



Managing District Flashpoints

#### What We're Working on Next

Latest requested topics of focus

#### 2024 Agenda



Navigating Opportunities and Pitfalls of AI



Building a High-Performance District

#### 2025 Agenda (Pending Confirmation)



Managing the Changing Educator Pipeline



Solving the Math Underperformance Equation

**100+** issues addressed in our research library

## Joining You Today



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## Connect with EAB



@EAB



@EAB



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#### **Districts Profiled in Research**



**Crete Public Schools**, Nebraska Josh McDowell, *Superintendent* 



**Coxsackie-Athens Central SD**, New York Randy Squier, *Superintendent* 



**Goddard Public Schools**, Kansas Justin Henry, *Superintendent* 



**Iowa City Community SD**, Iowa Matt Degner, *Superintendent* 



**Perry Local SD**, Ohio Kelly Schooler, *Superintendent* 



**Salem City Schools**, Virginia Curtis Hicks, *Superintendent* 



**Arkport Central SD**, New York Jesse Harper, *Superintendent* 



**Harvard CUSD**, Illinois Corey Tafoya, *Superintendent* 



Norton Public Schools, Massachusetts

- · Joseph Baeta, Superintendent
- Jen O'Neill, ASI Teaching & Learning



Parkway Public Schools, Missouri

- Keith Marty, Superintendent
- Chelsea Watson, Deputy Superintendent



**Prosper ISD**, Texas Bernadette Gerace, ED Human Resources



**Republic School District**, Missouri Matt Pearce, *Superintendent* 



Discuss the presence and impact of low morale among teachers in schools today



Deconstruct the process successful organizations leverage to raise and sustain employee morale



Provide concrete steps that you and your team can take to launch the adoption of this proven process in your district today

## Working in Schools Just Keeps Getting Harder



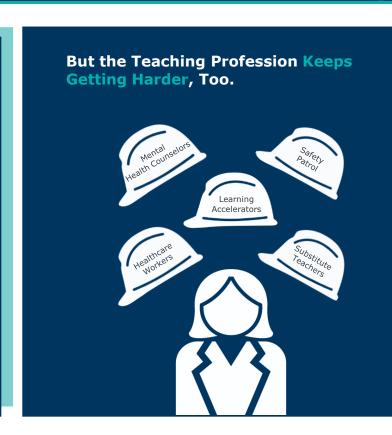
## Not Only Are District Leaders' Jobs Harder Than Ever...

#### Evergreen Challenges Worsen

- Expanding academic gaps and needs
- State accountability and mandates
- Decreasing funds

## New Challenges Always Emerging

- COVID closures
- Mask and vaccine conflicts
- Mental health crisis
- CRT and other polarization



# Ever-Increasing Challenges Make Progress an Uphill Battle

We've had to pause our strategic plan this year because of teachers...and learning acceleration is a pipe dream at this point. Teachers are barely holding on let alone innovating in how they are pacing and accelerating learning. And it isn't that they can't do it—they have the skills...They are just too spent to do anything new."

Superintendent Large School District, Alabama



Limits on What District Leaders Can Do to Improve Situation



Hire More Teachers?



Nearly 30% of teacher education programs saw **a decline in enrollment** this year.



Increase Salaries?



Public school dollars are tight, finances are highly regulated, and competitive pay is a long way off.



Reinvent Public Perception?



"What we need is a public figure to be to teachers what Ronald Reagan was for the American soldier."

## **Improving Morale Only Remaining Lever**



What we can do is make sure [teachers] have as much of a positive experience at school as possible. That is what we are trying to do-- show teachers they are valued and appreciated since they are doing so much."

## Why Are We Talking About "Morale?"



#### Morale Synonyms are Close, But Not Quite Right



Definition: Pressure or tension resulting from demanding circumstances



Definition: Contentedness, comfort with a job

"Burnout" often too narrow in scope

Definition: Feeling unable to do the job because of unmanageable stress

"Demotivated" implies lack of care

Definition: Less eager to work

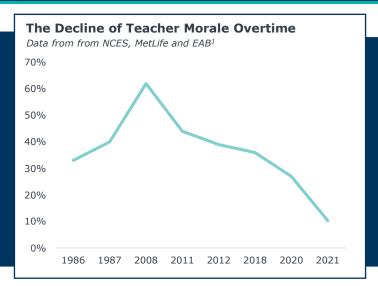


Whereas burnout happens when teachers are entirely depleted, demoralization happens when teachers are consistently thwarted in their ability to enact the values that brought them to the profession."

Doris A. Santoro

Author, Demoralized: Why Teachers Leave the Profession and How They Can Stay







## And the Future of Morale, As It Is, Discouraging

- Teacher responsibilities keep increasing
- Data trends on morale over past 20 years unpromising
- Crises (e.g., COVID) that exacerbate low morale will likely evolve into new crises

N = 4,000; n = 1,000; n = 2400

Data from EAB's Teacher Morale Survey, 2021

## Low Morale Is Bad for Students, Bad for Districts

## **Negative Impacts on Districts**

~80%

Of partners agree that initiative fatigue has led them to postpone their learning acceleration plans until next year.

~50%

Of partners report an increase in mid-year resignations this year.

## **Negative Impacts on Students**

70%

Of relevant studies concluded that teachers with the lowest morale also had the lowest academic student outcomes across core subjects.

78%

Of middle and high school students report feeling less interested in class when their teachers appear "unenergized" or "disengaged."

#### At A Time When...



Students Academic and SEL Needs at All-Time High



Growing Substitute and Teacher Shortages



Sources: Buttner, Annie, Frontline Education, The Teacher Shortage, 2021 Edition, 4.19.21; Gallup, The Powerful Relationship Between Employee Engagement and Team <u>Performance</u>, 2020; Madigan, Daniel, Kim, Lisa, International Journal of Educational Research, <u>Does teacher burnout affect students...</u>, November 2020. Will, Madeline, Education Week, AS Teacher Morale Hits a New Low, Schools Look for Ways to Give Breaks, Restoration, 1.6.21; EAB interviews and analysis.

## **Mental and Physical Health in Jeopardy**

Increased Physical Health Risks

23%

Increase in chances of a heart attack



Tied to higher likelihood of Type 2 diabetes, coronary heart disease, headaches, respiratory and gastrointestinal issues.1

Increased Mental Health Risks

10%

Increase in chances of a major depressive episode

## WHO Acknowledges Threat to Health

In 2019, WHO categorized the extreme form of low morale, burnout (defined as chronic, unmanaged workplace stress) as "an occupational health hazard" for the first time because of its known negative impact on individual health and wellbeing.

<sup>1)</sup> Additionally tied to a higher likelihood of cardiovascular disorder, prolonged fatigue gastrointestinal issues, respiratory problems, severe injuries, and mortality below the age of 45 years.

## **Wellness And Teacher Appreciation Most Common Strategies To Improve Morale**



80%

Of partner districts offer **wellness supports** to employees as their #1 strategy for improving morale



95%

Of partners share that **increasing teacher appreciation efforts** is the #2 most important part of their strategy

## **But Despite Good Intentions, Morale Has Stayed Low**

77

"Despite our efforts, this is probably the worst years we have seen for teacher morale. We are doing what we can, but **we are kind of at a loss**."

Superintendent Midwestern School District

#### Some efforts causing backlash from teachers



"One day soon we're going to have a conversation about how the term 'self care' is being weaponized against teachers. No amount of yoga or massages will fix this. Educators are operating in full crisis mode and need structural changes from the top."

Dr. Tracy Edwards @tracyrenee70



## EAB's Four-Part Research Methodology

Exploring Beyond K-12 to Uncover the Secret to Success



## Review Existing Research

50+ years of research on psychology of motivation, morale, and engagement studied

## Conduct Nationwide Survey

2600+ teachers and district/school leaders surveyed by EAB to capture current state of morale and engagement

## Analyze Critical Factors

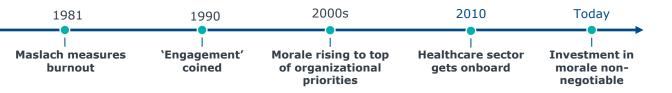
130+ key factors analyzed for impact on teacher morale

## Search for Aligned Best Practices

100+ organizations examined for best practices to raise employee morale and engagement



#### Two Decades of Morale Investment Across Other Industries



## **But School Districts Lagging Behind**

- Morale metrics uncommon in district success assessment
- \* Annual climate surveys still the industry's standard
- Piecemeal strategy to improve teacher morale the norm
- Narrow focus on retention and recruitment
- No dedicated owner
- Leaders cannot articulate an overarching strategy

## 'Doctor' Archetype Most Likely to Improve Morale

...But Also, Least Common in Public Education

80% of Districts

**CAREGIVER** 



Heavily invests in employee wellness and ramps up one-off appreciation efforts 17% of Districts

**GENERALIST** 



Attempts to operationalize every morale factor they can find

3% of Districts

**DOCTOR** 



Slows down to diagnose the root problem of morale and partners with employee to solve it

# Specific Morale Strategies Not as Important...

...As Choosing a Morale Strategy Like a Doctor



## 2

## **The Morale Doctor**

- Diagnoses organizations' unique root causes of low employee morale
- Designs approach and solutions in partnership with employees

## **EAB's Teacher Morale Momentum Loop**



Diagnose Causes of Low Morale Using a Quarterly Diagnostic System Prioritize 1-2 Threats to Morale at a Time Based on Impact & Feasibility Involve Teachers in Co-Designing Solutions by Lowering Input Barriers

## An Updated System Requires Updated Mindsets

Five Commitments Underpin Continuous Morale Improvement



Believes that organizations can improve morale and takes ownership



Recognizes that sources of low morale will vary between districts



Commits to understanding problem before acting



Tests 1-2 ideas at a time



Revises solutions each year using teacher feedback





Diagnose Causes of Low Morale Using a Quarterly Diagnostic System

2

**Prioritize 1-2** Threats to Morale at a Time Based on Impact & Feasibility

Involve Teachers in Co-Designing Solutions by Lowering Input Barriers

6. Morale Booster

Compendium

- Quarterly Morale Diagnostic Questions
- Teacher Productive Conversation Guide
- 3. Proactive Stay
  Interviews

- 4. Threat Prioritization Playbook
  - Solvable Threats Register
  - Threat Decision Matrix
  - 60-Minute Decision Agenda

- by Lowering Input Barrier
  - '. Time Bank Incentives
- 8. Scaled Input Social Media Posts

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## Cracking the Code on Teacher Morale



- Diagnose Causes of Low Morale Using a Quarterly Diagnostic System
  - Quarterly Morale Diagnostic Questions
  - 2. Teacher Productive Conversation Guide
  - 3. Proactive Stay Interviews

- Prioritize 1-2 Threats to Morale at a Time Based on Impact & Feasibility
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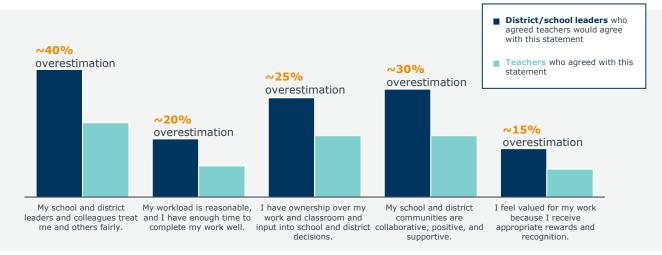
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## Leaders Often Misunderstand Threats to Morale

#### Leadership Versus Teacher Perspectives on Morale Threats

EAB Teacher Morale Survey, October 20211



Based on data from 2600 surveyed school and district leaders and teachers

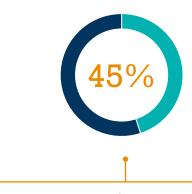
## For Better Results, Leaders Must Ask Better Questions

## Few leaders are clear on causes of low morale



Of organizations<sup>1</sup> do not know what drives their employees' disengagement

# Less than half attempt to move from measurement to diagnosis



Of organizations<sup>1</sup> claim to regularly diagnose employee engagement



## Current Approaches to Diagnosis Miss the Mark

## **Annual Climate Surveys Flawed**

# **Teacher Conversations Often Unproductive**

- Conducted too infrequently (once annually or less)
- Focus more on measurement than diagnosing threats
- Fail to communicate results and action in a timely fashion (causes survey fatigue)

- Ask questions that leaders cannot respond to, undermining teacher trust
- Often only hear from the 'loudest voices in the room'
- Focus on sourcing solutions too early in the process rather than diagnosing problems



## **Defining Categories for Threat Diagnosis**

## Rigorous Analysis to Identify Diagnostic Questions

- Synthesized 130+ morale and engagement theories
- Adapted preeminent research in this field (Maslach, Gallup) for K12
- Analyzed 250+ engagement survey questions
- Applied findings and feedback from EAB's fall teacher morale survey

## **Six Threat Categories to Assess**

- 1. Personal safety and belonging
- 2. Time and resources
- 3. Leadership trust & values alignment
- 4. Ownership and input
- 5. Recognition and value
- 6. Professional growth



## Use EAB's Diagnostic Questions

To Make Quantitative Diagnosis Easier for School Districts

Sample EAB Diagnostic Questions					
1. I have the materials and resources needed to teach well.*					
Strongly disagree	0	O 2	3	O 4	Strongly agree
2. I have a manageable workload.*					
Strongly disagree		0 2	3	O 4	O Strongly agree
3. The actions of district leadership reflect my school district's mission and values.*					
Strongly disagree	O 1	2	3	O 4	Strongly agree
4. The actions of school leadership reflect my school district's mission and values.*					
Strongly disagree		2	3	0	Strongly agree



Assesses 6 Research-Backed Threat Areas



Designed for Up To **Quarterly Use** 



Fewer Than 20 Questions



Customized for K-12



## 'Survey Fatigue' Stems from Inaction Not Quantity

# What Causes Survey Fatigue: Length of survey Length of survey Ask unsolvable questions Insufficient communication about survey results, next steps Communication Traps That Contribute to Survey Fatigue Untimely (or no) communication clear next steps for action Fail to share why behind decisions



"The common reason people don't want to fill out your survey is that you haven't done anything since the last one. **They don't have survey fatigue; they have lack of action fatigue**"

Didier Elzinga Culture Amp CEO

## Avoid Survey Fatigue, Develop A Communication Plan 31



## Four Musts of Morale Communication

- Communicate within 4-6 weeks of survey's close
- Provide summary of survey and qualitative results
- Describe next steps district intends to take
- Explain consistent prioritization process that guides next steps

## **Norton Public Schools & Arkport** Central School District Use Multiple, Existing Channels

- Monthly newsletters
- Faculty meetings
- School board meetings
- Districtwide faculty & staff meetings
- Fmails from the SI

## **Better Communication Increases Survey Participation**

60%

Average engagement survey response at Norton School District, who surveys more often than average 38%

Increase in employee engagement when organizations use similar communication strategies

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## Current Approaches to Qualitative Input Ineffective

# Districts' Typical Approach to Collecting Qualitative Input

Host town hall or faculty meetings



Include open-ended question(s) on survey and during discussions with teachers



Use exit and/or entrance interviews for teachers



## Why It Doesn't Work



Only the loudest voices are heard



Results in laundry lists of grievances and ideas that are ineffective or impractical to address



Impact is limited in scope and reactive, often too little, too late

## This Leaves Teachers Feeling...





Ignored





## Improve Discussions to Better Diagnose Causes

## EAB's Conversation Guide Makes Productivity Easy

## Make Teacher Conversations More Productive

- ▶ EAB's agenda should take no more than **30 minutes**
- ▶ Base questions on established HR best practice
- Clear questions and explicit goals of agenda make the time well spent for all

#### Sample EAB Agenda

#### Intro/Opening (5 mins.)

- Today we'll be focused on leadership trust and workload.
- What was your initial reaction to learning that we'd be talking about workload today?

#### Questions for Discussion (20 mins.)

- What has made you feel supported by building leaders in the past?
- What has worked to address workload in the past? What hasn't worked?

#### Closing (5 mins.)

- Is there anything you thought we'd talk about today that we didn't touch on?
- Timeline for updates and next steps.

## **Two Ways to Use Conversation Guide**



#### **Formal Focus Groups**

PARKWAY Parkway Schools, Missouri

Holds formal focus groups during first semester specifically on morale concerns

- ✓ Provides in-depth information
- ✓ Participating teachers feel really heard



#### **Faculty Meeting Post-Its**

Republic School District, Missouri

Uses post-its to gather answers from teachers to targeted question during faculty meetings

- More teachers heard
- Efficient way to get input

Sources: Parkway Schools, Chesterfield, MO; ABC, "First-Year Nurse Retention Toolkit," 2017; Oliver, "The Five-Step Approach To Fixing Employee Morale," Forbes, 2020; SHRM, "How to Develop Questions for an Employee Focus Group," 2022; Republic, Kotool District, Republic, MO; EAB Interviews and analysis

## Cracking the Code on Teacher Morale





**CAUSES** 

Prioritize **THREATS** 

Co-Design **SOLUTIONS** 

**Diagnose Causes of Low** Morale Using a Quarterly

Quarterly Morale

- 4. Threat Prioritization
- Playbook

Prioritize 1-2 Threats to

Morale at a Time Based

on Impact & Feasibility

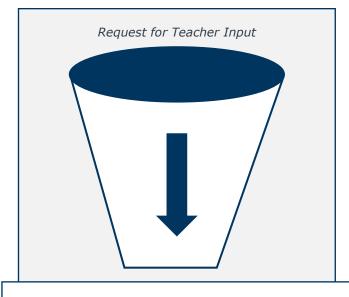
- Solvable Threats Register
- Threat Decision Matrix
- 60-Minute Decision Agenda

**Involve Teachers in Co-Designing Solutions** by Lowering Input Barriers

- 6. Morale Booster
  - Time Bank Incentives
- 8. Scaled Input Social Media Posts

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## Efforts to Diagnose Lead to Information Overload



100s of survey responses, quantitative data

**100s of comments**, qualitative responses

10s of threats to morale from teachers

## **Common Mistakes in Responding**

- X Try to solve too many problems
- Prioritize projects that are "possible" rather than critical
- Select projects based on popularity
- Determine next steps without clear rationale to teachers

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## Four Elements of Effective Threat Prioritization

#### Threats Must Be...

## **Prioritization Process Must Be...**

#### **Achievable**

Commit to 1-2 prioritized threats at a time so districts can robustly and effectively address threats





#### **Efficient**

Make decisions quickly for timely teacher communication





## Consistent

Establish a repeatable decision-making process so teachers can understand decision rationale

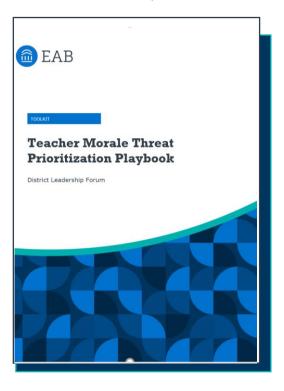
#### **Impactful**

Select threats with the greatest likelihood to improve morale



# Consistently & Efficiently Select 1-2 Morale Threats

EAB's Prioritization Playbook Makes Effective Threat Prioritization Possible



## The Playbook Includes...



**60-minute Decision Meeting Agenda** 



Solvable Threats Register



**Threat Decision Matrix** 



# First, Translate Teacher Input into Solvable Threats

Morale Threat Register Offers 30+ Problem Statements to Get You Started



Of teachers disagree that the actions of district leadership reflect the district's mission and values

Broad, general threat to morale identified by diagnostic

### Example Solvable Problems for 'Leadership & Values' Threat

Teachers are uncertain of the district's mission and values

District leadership's actions don't clearly reflect mission and values

Teachers unaware of district leadership's actions and decisions

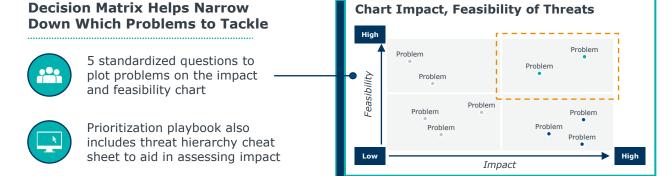
The link between district leadership's actions & district's mission is unclear to teachers

### **Ideal Problem Statements Are:**

- ✓ Limited to problems within your locus of control
- ✓ Comprised of branches that are mutually exclusive, collectively exhaustive (M.E.C.E)
- √ Based on teacher input, not assumptions



# Next, Prioritize Threats Based on Impact, Feasibility



## Cracking the Code on Teacher Morale





Diagnose CAUSES

Prioritize THREATS

Co-Design SOLUTIONS

Diagnose Causes of Low Morale Using a Quarterly Diagnostic System Prioritize 1-2 Threats to
Morale at a Time Based
on Impact & Feasibility

- Quarterly Morale Diagnostic Questions
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## Solution Conversations Lead to Either Silence or Noise

...Making Co-Designing Morale Strategies A Challenge



## Silence

Leaders and teachers alike struggle to think of potential solutions to improve on the prioritized threats to morale



## **Noise**

Leaders struggle to sort through ineffective and/or impossible potential solutions suggested by teachers



50+

Superintendents shared with EAB during focus groups and research interviews that leaders' and teachers' inability to identify solutions that effectively solve morale threats is a main barrier to co-designing solutions



# Morale Compendium Offers a Starting Point

30+ Morale-Boosting Strategies to Jumpstart Co-Design Conversations



Includes 30+ Solutions with Descriptions

Solutions Organized By Six Threats

**Feasibility and Effort Guidance Included** 



## Use Compendium To Avoid Silence & Noise

# Use Strategies for Inspiration

Share 2-4 leader-selected strategies to workshop with teachers to avoid silence during solution brainstorming

# Vote on PromisingStrategies

Ask teachers to vote on top strategies for prioritized threat areas to avoid too much noise or unproductive ideas

## Benefits of Using EAB's Compendium to Codesign Solutions



Maintains focus on possible solutions



Provides starting point, helps with initial brainstorming



Ensures strategies are grounded in proven strategies and research



# Show Appreciation for and Incentivize Participation



## **Key Features of Time Bank Incentives**



Prove to teachers that leaders value participation in morale efforts by offering time incentives for joining committees, focus groups



Ensure time rewards are reflective of actual needs or wants of the district's teachers



Scale up (or down) offered incentives based on district resources at any given time

## **Potential Time Rewards**

- Central office staff take lunch and/or recess duty
- Central office staff member does all printing, etc.
- Additional preparation time coverage
- An additional ½ personal day for 3+ focus group participations

# Your Loop Should Be on Repeat





## Keep in Mind When Using EAB's Morale Momentum Loop



Continue to check in on success of solutions



Deploy at district-level but empower school leaders to use too



Permanent process, the loop is never complete



# Making the Hard Work of Raising Morale Possible for Busy District Leaders

#### Raising morale and engagement is not an intractable problem. But it is hard work.

EAB resources and support are designed to make best practice possible for those with little time.



# **Survey Instrument** and Analysis Support

Define root causes of low morale with questions rooted in latest research



# Guide for Gathering Qualitative Insight

Take the guesswork out of leading focus groups that yield insight and strengthen relationships



#### Compendium of Best Practices

Design the right fit solutions for raising morale in your schools without starting from scratch



# **Communication Templates** for Every Stage of the Process

Save countless hours crafting effective communication while keeping everyone :in the loop"

"The materials provided were amazing. There's no way we could have done this alone. You even wrote our emails!"

Teacher Morale Collaborative participant, Cohort 1



## Joining Forces to Get Further, Faster, Together

## EAB Implementation Collaboratives

### Collaborative for **Raising Teacher Morale and Retention**



Build on a proven playbook for improving morale, engagement, and retention

Next cohort launches: January 15, 2025

-- Partners will leave with: ----





Deep understanding of key morale and engagement drivers



 Action plan for fixing major teacher "dissatisfiers"



School leaders trained and ready to implement plans



An established process for yearover-vear continuous improvement

#### The EAB Collaborative Advantage



#### **Guided Planning Workshops**

Step-by-step guidance through each key-decision



#### Implementation Resources

Ready-made implementation tools, communication templates, and meeting agendas



#### **Weekly Office Hours**

Workshop unique questions and challenges with EAB experts



#### A Community of Peers

Connect with dozens of districts working through change

**Registration closes on December 20** for the upcoming collaborative.

# How Else Can We Help?

I'd like to speak with someone further about...

- Registering for the Teacher Morale Collaborative
- Joining the District Leadership Forum
- 3 Learning more about EAB's other support areas for Superintendents and their teams
- 4 Something else? Choose this option and we will follow up with you

## A Quick Ask



We value your feedback.

Please take a few minutes to **complete the short survey** in the chat.

Thank you!



Washington DC | Richmond | Birmingham | Minneapolis

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